

FCC Rochester Bible Study
Wednesdays 11AM-1PM with fellowship and lunch 12:15 - 1PM
Class Outline

Week 1: Physical Attribute – The Spirit as Breath of Life

Opening Song/Prayer:

Prayer to the Holy Spirit by Saint Augustine

Prayer to the Holy Spirit by Saint Augustine - Francesca LaRosa - Official Lyric Video

- **Old Testament Verse:** *Genesis 2:7* – “Then the LORD God formed a man... and breathed into his nostrils the breath of life.”
- **New Testament Verse:** *John 20:22* – “And with that he breathed on them and said, ‘Receive the Holy Spirit.’”

Summary of God's Spirit <https://www.youtube.com/watch?v=oNNZO9i1Gjc>

Let's Discuss: What other stories in the bible try to interpret the spirit? Were these real events, plays, or ? Daniel for example.

Billy Graham The Holy Spirit: Part 1 of 3 First 10 Min [The Holy Spirit and You | Billy Graham Classic Sermon](#)

Suggested book “An Alter in the World” Chapter one The Practice if Waking Up to God and two The Practice of Paying Attention. Even if you don’t or haven’t read the chapters why is she starting out with Practice?

Discussion Questions:

1. How does the Spirit's breath connect to our daily awareness of life itself?
2. What does it mean to be sustained physically by God's Spirit?
3. How can we practice gratitude for the Spirit's presence in our bodies?

Closing Song:

Spirit in the Sky Norman Greenbaum [Spirit In The Sky - Norman Greenbaum \(Official Video\)](#)